

|                       | DÉ LUAIN                                                                                                                                                                                                                                                                     | DÉ MÁIRT                                                                                                                                                                                                                                         | DÉ CÉADAIOIN                                                                                                                                                                                                                                                     | DÉARDAOIN                                                                                                                                                                                                                                                                         | DÉ hAOINE                                                                                                                                                                                                                                                                                                               |
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| Seachtain 1<br>Week 1 | <p>Cácaí bradáin, píseanna, slisíní práta le hanlann chilli &amp; arán<br/><i>Salmon fishcakes, garden peas, homemade wedges with sweet chilli dipping sauce &amp; crusty bread</i></p> <p>Spúinse kiwi agus sú talún<br/><i>Kiwi &amp; strawberry egg sponge square</i></p> | <p>Píog le grán milís, piobairí, prátaí bruite agus arán cruithneachta<br/><i>Cottage pie, sweetcorn, diced peppers, mashed potatoes &amp; wheaten bread</i></p> <p>Slisín mealbhacáin agus lógart<br/><i>Watermelon slice &amp; yoghurt</i></p> | <p>Curaí sicín, rís, arán naan &amp; glasraí<br/><i>Chicken curry, rice, naan bread &amp; carrot sticks</i></p> <p>Cáca seacláide le hanlann seacláide &amp; slisíní oráiste<br/><i>Chocolate brownie with chocolate flavoured sauce &amp; orange wedges</i></p> | <p>Mairteoil rósta, glasraí, prátaí bruite agus rósta, anlann agus buisteán<br/><i>Roast beef with stuffing, baton carrots, broccoli, mashed &amp; oven dry roasted potatoes with gravy</i></p> <p>Uachtar reoite agus torthaí<br/><i>Fresh fruit topped ice-cream sundae</i></p> | <p>Píosáí sicín, pónairí, sailéad, suncam sancam, sceallóga nó craiceann práta &amp; arán cruithneachta<br/><i>Chicken bites, baked beans, salad, coleslaw, chips/homemade chilli potato skins &amp; wholemeal bread</i></p> <p>Cáis, brioscáin agus fíonchaora<br/><i>Cheese &amp; crackers with sliced grapes</i></p> |
| Seachtain 2<br>Week 2 | <p>Pasta bolognaise, glasraí agus arán<br/><i>Pasta bolognaise, carrot batons &amp; crusty bread</i></p> <p>lógart agus torthaí<br/><i>Yoghurt &amp; trio of fruits</i></p>                                                                                                  | <p>Méara éisc, pónairí, prátaí bruite agus arán cruithneachta<br/><i>Fish fingers, baked beans, mashed potatoes Wholemeal bread</i></p> <p>Spúinse seacláid agus piorra le custard<br/><i>Chocolate &amp; pear sponge with dairy custard</i></p> | <p>Borgaire, sailéad, suncam sancam &amp; prátaí<br/><i>Steak burger in bap, salad, coleslaw &amp; homemade spiced cubed potatoes</i></p> <p>Brioscán sú talún<br/><i>Strawberry shortcake stack</i></p>                                                         | <p>Turcaí rósta, glasraí, prátaí bruite agus rósta, anlann agus buisteán<br/><i>Roast turkey, stuffing, sliced green beans, diced carrot &amp; parsnips &amp; oven dry roast potatoes, mash &amp; gravy</i></p> <p>lógart agus torthaí<br/><i>Yoghurt &amp; summer fruits</i></p> | <p>Píotsa le hanlann tráta; sicín agus piobair; salsa anainn, sailéad agus sceallóga/práta bacáilte<br/><i>Gourmet homemade pizza with chicken, peppers and tomato topping pineapple salsa, side salad &amp; chips/baked potato</i></p> <p>lógart agus sailéad torthaí<br/><i>Fresh fruit salad &amp; yoghurt</i></p>   |

## Biachlár : Aibreán go Meitheamh 2021 / Menu : April to June 2021

|                       | DÉ LUAIN                                                                                                                                                                                                                                      | DÉ MÁIRT                                                                                                                                                                                                                               | DÉ CÉADAIOIN                                                                                                                                                                                                                                                                         | DÉARDAIOIN                                                                                                                                                                                                                                                                             | DÉ hAOINE                                                                                                                                                                                                                                       |
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| Seachtain 3<br>Week 3 | <p>Lasagne, grán milís, sailéad agus arán cruithneachta<br/><i>Lasagne, sweetcorn, side salad with wheaten bread</i></p> <p>Spúinse sú talún agus custard<br/><i>Strawberry swiss roll with dairy custard</i></p>                             | <p>lasc, pónairí, prátaí bruite agus arán<br/><i>Oven baked breaded whiting, baked beans, mashed potatoes &amp; crusty bread</i></p> <p>lógart agus torthaí<br/><i>Yoghurt &amp; forest fruits</i></p>                                 | <p>Curaí sicín, rís, meacáin dearga, arán naan<br/><i>Chicken curry, rice, carrot sticks &amp; naan bread</i></p> <p>Briosca seacláid, banana agus croitheán bainne<br/><i>Chocolate cookie, banana chunk &amp; milkshake</i></p>                                                    | <p>Mairteoil rósta, glasraí, prátaí bruite agus rósta, anlann agus buisteán<br/><i>Roast beef, stuffing, cabbage, carrot &amp; parsnips, oven dry roast potatoes, mash &amp; gravy</i></p> <p>Toirtín piorra<br/><i>Pear conde</i></p>                                                 | <p>Ispín, oinniúin, salsa grán milís, sailéad, sceallóga/sailéad práta<br/><i>Hot dog, saute onions, served with sweetcorn salsa, side salad, chips/potato salad</i></p> <p>lógart agus anann<br/><i>Fresh pineapple ring &amp; yoghurt</i></p> |
| Seachtain 4<br>Week 4 | <p>Méara éisc, pónairí, prátaí bruite agus arán cruithneachta<br/><i>Fish fingers, beans &amp; mashed potatoes</i><br/><i>Crusty bread</i></p> <p>Slisín mealbhacáin agus lógart reoite<br/><i>Fresh melon wedge &amp; frozen yoghurt</i></p> | <p>Curaí sicín, rís, meacáin dearga, arán naan<br/><i>Chicken curry with boiled rice, carrot sticks &amp; naan bread</i></p> <p>Meringue torthaí le custard<br/><i>Fruit filled meringue shell drizzled with a vanilla custard</i></p> | <p>Ceapairí sicín/cáis/tuna le píotsa, ispíní beaga agus meacáin dearga<br/><i>Buffet sandwich selection – chicken, cheese or tuna</i><br/><i>Pizza fingers/cocktail sausages &amp; carrot sticks</i></p> <p>Cáca torthaí agus croitheán<br/><i>Fruit muffin &amp; milkshake</i></p> | <p>Muiceoil rósta, glasraí, prátaí bruite agus rósta, anlann agus buisteán<br/><i>Roast pork, stuffing, diced turnip, broccoli, mash</i><br/><i>Oven dry roast potatoes &amp; gravy</i></p> <p>Cáis, brioscáin agus fíonchaora<br/><i>Cheese &amp; crackers with sliced grapes</i></p> | <p>Borgaire Hawaiian, suncam sancam na hÁise &amp; sceallóga nó slisíní práta<br/><i>Hawaiian salad burger, Asian slaw, chips/homemade crunchy paprika wedges</i></p> <p>Torthaí agus lógart<br/><i>Medley of fruit &amp; yoghurt</i></p>       |

**Beidh arán, bainne, uisce, torthaí, iógart & sailéad ar fáil le gach béile / There will be bread, milk, water, fruit, yoghurt & salad available with every meal**